

SPRING 2019



# University of Georgia High Impact Leadership: Essentials

April 9<sup>th</sup> – May 7<sup>th</sup>, 2019

Program fee: \$349

Registration opens\* Jan. 3<sup>rd</sup>

Open to all faculty and staff at UGA, this highly interactive series encompasses key areas of leadership, including personal leadership strengths, communication, emotional intelligence, managing conflict, and work/life balance. As part of the program, each participant will complete a personalized Hogan Assessment and participate in an individual coaching session.

**Find the program schedule, session descriptions, and registration form on the following pages.**

\*Register early! Space is limited, and registration is first-come, first-served. Email [leadership@uga.edu](mailto:leadership@uga.edu) or call 706-542-7363 with questions.



Training & Development  
Human Resources  
UNIVERSITY OF GEORGIA

# UGA High Impact Leadership: Essentials

## Certificate Program Curriculum Spring 2019

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Human Resources Training and Development Department  
315 South Thomas St., Athens, GA 30602  
P: 706.542.7062 F: 706.542.6495  
[leadership@uga.edu](mailto:leadership@uga.edu)

### **Session 1, Tuesday, April 9: Cohort Teambuilding and Leadership Thinking**

This opening session begins with experiential team building at the indoor Ramsey Center Indoor Challenge Course and explores group communication, trust, problem-solving skills and leadership styles. The afternoon workshop includes a discussion on leadership and an exploration of your own leadership qualities and purpose statement.

### **Session 2, Wednesday, April 17: Mastering Conflict in the Workplace**

Conflict happens in the workplace. Rather than trying to avoid the inevitable, learn techniques to help you become successful at promoting constructive working relationships and best practices for dealing with and leading others through conflict.

### **Session 3, beginning the week of April 22: Hogan Assessment and Individual Feedback Sessions**

Each participant will complete a Hogan Assessment and receive an individual one-hour feedback session scheduled prior to Session 5. The Hogan assessment is designed to evaluate personal qualities that support success in career, leadership behavior, and working relationships.

### **Session 4, Thursday, April 25: Fierce Conversations: Achieving Success at Work and in Life, One Conversation at a Time**

Fierce Conversations gives you the tools to transform the conversations that are central to your success. In this session you'll learn how to overcome barriers to meaningful communication, expand and enrich conversations with colleagues, increase clarity and improve understanding, and handle strong emotions – on both sides of the table. “When you think of a fierce conversation, think passion, integrity, authenticity, collaboration. Think cultural transformation. Think of leadership.” – Susan Scott, *Fierce Conversations*

### **Sessions 5, Wednesday, May 1: Emotional Intelligence for Leaders**

Develop your “EQ,” your emotional intelligence – the ability to understand the role of emotions in leadership, communication and influence. Gain insights into others’ perceptions and their importance in the workplace, understand how EQ influences your own worldview, and examine strategies to apply EQ to lead others.

### **Session 6, Tuesday, May 7: Integrating Your Personal and Professional Goals for Better Work/Life Balance**

Work/life balance is one of the top concerns for leaders. Balance is about integrating all the aspects of your life, finding the potential in each part to help produce success in the others, and not letting the demands and stress of one destroy the enjoyment of the others. Through a discussion of the four domains of a person’s life, you will explore the importance and satisfaction of those areas in your own and learn practical strategies for integrating work and life goals.

## High Impact Leadership Program Schedule

Date	Time	Session	Location
Tuesday, April 9	8:30 a.m. – 11:30 a.m.	Series Kick-Off Day Cohort Teambuilding	Ramsey Center
	11:45 a.m. – 3:00 p.m.	Group Lunch Program Overview Leadership Thinking	Training & Development Center
Wednesday, April 17	8:30 a.m. – 12:00 p.m.	Mastering Conflict in the Workplace	Training & Development Center
Beginning the week of April 22	1 hour sessions arranged individually with feedback coach	Hogan Assessment Feedback Sessions	Various
Thursday, April 25	8:30 a.m. – 12:00 p.m. 1:15 p.m. – 3:00 p.m.	Fierce Conversations: Achieving Success at Work and in Life, One Conversation at a Time	Training & Development Center
Wednesday, May 1	8:30 a.m. – 12:00 p.m.	EQ: Emotional Intelligence for Leaders	Training & Development Center
Tuesday, May 7	8:30 a.m. – 12:00 p.m.	Integrating Your Personal and Professional Goals for Better Work/Life Balance Program Close	Training & Development Center

### Instructors:

**Kiz Adams**, Human Relations and Well-being Coordinator

**Sige Burden**, Faculty & Staff Relations Senior Director

**Dr. Allie Cox**, Training & Development Director

**Maggie Denna**, Training & Development Senior Manager

**Emily Saunders**, Training & Development Senior Manager

**Josh Warren**, Training & Development Senior Manager

●●All sessions must be attended and all activities completed in order to be eligible for the certificate. ●●

# UGA High Impact Leadership: Essentials Fee Payment Authorization & Registration Form

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**The registration fee for High Impact Leadership: Essentials Spring 2019 is \$349.** Receipt of Fee Payment Form serves as registration for the program. Submission date deadline is close of business Thursday, February 28, or earlier, until full.

Human Resources  
Training and Development Department  
315 S. Thomas St., Athens, GA 30602  
P: 706.542.7062 F: 706.542.6495  
Email: leadership@uga.edu

## Contact Information:

Participant Name:

Position Title:

Department Name:

Email Address:

Phone Number:

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## Payment Information:

UGA Account Name:

Account Number (8 digits):

Fund Number (5 digits):

Class (5 digits):

Program Number (5 digits):

*Course participants can also pay with a personal check made payable to "The University of Georgia."*

## For questions about this payment, please contact:

Name:

Phone:

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Approved by (Name):

Phone Number:

Department Name:

Signature\*: \_\_\_\_\_

Date: \_\_\_\_\_

*\*Signature required.*

*Please send completed form via email to leadership@uga.edu, fax 706-542-6495, or campus mail to Training and Development Dept., 315 S. Thomas Street, Athens, GA 30602. Questions? Contact Emily Saunders at 706-542-7363 or esaunder@uga.edu.*