Are you being treated for high blood sugar?

Would you like to participate in a research study in the Kinesiology Department at UGA?

**Purpose:**

Learn how blood sugar-lowering medications and exercise affect glucose levels

**Who is eligible?**

Individuals age 18-75 currently taking blood sugar-lowering medications*, but not on insulin

*Qualifying drug classes include: biguanides, sulfonylureas, α-glucosidase inhibitors, meglitinides, thiazolidinediones (TZD), dipeptidyl peptidase 4 inhibitors (DPP4-I), glucagon-like peptide-1 (GLP-1) agonists, bile acid sequestrants, dopamine receptor agonists, sodium-glucose cotransporter 2-inhibitors (SGLT2)

**What will you do?**

- Wear a glucose monitor for 4 days
- Have a body composition scan *Involves exposure to X-rays
- Walk on a treadmill (one 15 min and one 30 min session)
- Eat provided meals for a few days

**Where will testing take place?**

Ramsey Center at the University of Georgia

**What are the benefits of participating?**

- You will help us learn more about diabetes treatment
- You will be given information about your body composition & health
- You will receive a financial incentive

**Contact:** Melissa Erickson at melissa9@uga.edu or 706-829-2560