The Department of Foods and Nutrition at the University of Georgia Seeks:

- Men and Women between the ages of 18-70 years.
- The research study pays up to $30.

We are interested in looking at how the holidays affect health!

Study details:
We want to study how the holiday season (November-January) impacts your general health status. The study includes a total of 4 visits, 3 of which are testing visits. At the testing visits body and health measurements will be taken, a blood draw will occur, dual energy x-ray absorptiometry (DEXA)™ will be used to measure body fat percentage, and you will fill out some questionnaires. During the holiday season you may be asked to do some at-home activities.

You will learn:
Your body weight, height, blood cholesterol levels, and blood pressure.

If you are interested in participating and would like to see if you qualify for the study or request more information, please contact Sepideh Kaviani via email at sk70115@uga.edu

Thank you for your interest, it is greatly appreciated!

The primary investigator of this study is Dr. Jamie Cooper, PhD, an Associate Professor in the Dept. of Foods & Nutrition.